



## Vinyl Coated Dumbbell Weight 10 Pack (1-10 lbs.)

ADIME920-110



Bring strength, stability, and progress to every workout with our pack of ten color-coded vinyl dumbbells. From early-stage rehab to routine fitness sessions, these 1–10 lb. weights offer the perfect step-by-step progression for clinical environments and home training alike. The smooth vinyl finish provides a secure, comfortable grip and wipes down effortlessly, ideal for shared spaces in physical therapy, chiropractic, and sports rehab settings. Their compact shape supports precise, controlled movement during high-repetition exercises that rebuild confidence and capability.

Their bright colors make it easy to grab the right weight in seconds, keeping sessions productive without slowing momentum. With a sturdy steel core built for daily use, this set delivers dependable performance while maintaining a polished, professional look in any training area.

## Features

**Color-Coded:** Its vibrant coloration simplifies rapid weight selection during therapy and training.

**Secure:** The vinyl coating supports consistent handling without strain or slippage.

**Sanitation:** Its non-porous surface wipes down easily between uses.

**Durable:** The steel-core construction ensures long-lasting performance in high-traffic settings.

**Multipurpose Application:** Beneficial for strengthening, motor retraining, and fitness conditioning.

**Design:** The hexagonal design features flat edges that prevent the weights from rolling away, ensuring safety while providing a stable base for floor exercises and easy stacking.

**Ergonomic:** The optimally sized handle diameter ensures an easy, secure grip that minimizes hand fatigue, offering maximum control and comfort throughout your workout.

**Floor Protection:** The durable vinyl coating is gentle on floors, preventing scratches and dents while also minimizing noise during your workouts.

**Versatile:** Our Pack of Ten Single Dumbbells provides individual weight increments from 1 to 10 lbs. (one dumbbell per weight), offering maximum customization for unilateral training or the flexibility to purchase two packs and create complete, incremental weight pairs.

# Features



## Color-Coded Identification

Its vibrant coloration simplifies rapid weight selection during therapy and training.



## Sanitation

Its non-porous surface wipes down easily between uses.



### Design

Flat-edged hex design prevents rolling and ensures a stable, stackable base.



### Ergonomic

Ergonomic handle delivers a secure grip with reduced fatigue and greater control.



### Secure

The vinyl coating supports consistent handling without strain or slippage.



### Durable Build

Steel-core design ensures reliable, long-term performance.

## Specifications

Product Weight	1 lb.	2 lbs.	3 lbs.	4 lbs.	5 lbs.	6 lbs.	7 lbs.	8 lbs.	9 lbs.	10 lbs.
Product Diameter	1.1"	1.3"	1.3"	1.4"	1.4"	1.5"	1.6"	1.6"	1.6"	1.6"
Product Height	1.8"	2.1"	2.5"	2.8"	2.9"	3.1"	3.2"	3.3"	3.3"	3.5"
Product Width	1.9"	2.3"	2.8"	3.1"	3.2"	3.4"	3.5"	3.5"	3.7"	3.9"
Product Length	4.9"	5.6"	6.3"	6.5"	7.2"	7.6"	7.9"	8.2"	8.7"	8.9"
Product Color	Pink	Mint	Blue	Red	Yellow	Grey	Orange	D. Blue	Purple	Black
Gross Weight: 55 lbs.										
Materials: Iron and Vinyl										