

hand and finger exercisers



exercise

patent pending

Digi-Flex® Multi® modular exercise system

force required to fully compress finger button (pounds)

0.75 1.5 3.0 5.0 7.0 9.0 11.0 13.0



tan easy → yellow → red → green → blue → moderate → black → silver → gold difficult

- choose resistance for any finger
- modular: base + resistance buttons
- for clinic or home

press to release finger button

mix or match resistances by inserting buttons into base



- change the resistance level for any finger by changing the finger button
- finger buttons snap into base
- base has padded ergonomic palm bar

Digi-Flex® Multi® clinic sets



- finger buttons at-the-ready for resistance changes
- clinic sets include bases, buttons, storage box and rack

buttons with box and rack

10-3842	5 bases + 20 buttons, 4 ea	1 2 3 4 5	152.50
10-3843	8 bases + 32 buttons, 4 ea	0 1 2 3 4 5 6 7	220.00

ABOUT THE EXERCISER

FOR CLINIC

progressive starter exercisers



- packs include base, 4 matching buttons plus 4 additional progressive buttons in box

resistance (level)

		4 matching buttons	additional resistance buttons with box	
10-3740S	xx-light (0)	base + 4 ea 0	+ 1 ea 1 2 3 4	35.00
10-3741S	x-light (1)	base + 4 ea 1	+ 1 ea 2 3 4 5	35.00
10-3742S	light (2)	base + 4 ea 2	+ 1 ea 1 3 4 5	35.00
10-3743S	medium (3)	base + 4 ea 3	+ 1 ea 1 2 4 5	35.00
10-3744S	heavy (4)	base + 4 ea 4	+ 1 ea 1 2 3 5	35.00
10-3745S	x-heavy (5)	base + 4 ea 5	+ 1 ea 1 2 3 4	35.00
10-3746S	xx-heavy (6)	base + 4 ea 6	+ 1 ea 3 4 5 7	35.00
10-3747S	xxx-heavy (7)	base + 4 ea 7	+ 1 ea 3 4 5 6	35.00

basic starter exercisers



- includes base and 4 matching buttons
- base holds buttons of any resistance

resistance (level)

		4 matching buttons	
10-3740	xx-light (0)	base + 4 ea 0	20.00
10-3741	x-light (1)	base + 4 ea 1	20.00
10-3742	light (2)	base + 4 ea 2	20.00
10-3743	medium (3)	base + 4 ea 3	20.00
10-3744	heavy (4)	base + 4 ea 4	20.00
10-3745	x-heavy (5)	base + 4 ea 5	20.00
10-3746	xx-heavy (6)	base + 4 ea 6	20.00
10-3747	xxx-heavy (7)	base + 4 ea 7	20.00

FOR HOME

Multi® base

- busy clinic will require many bases



Multi® base

10-3830	1 base	12.50
10-3832	5 bases	57.50

Multi® base with metal rack

10-3831	5 bases and rack	95.00
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Multi® buttons

- make exerciser progressive by changing one or more snap-in finger buttons

individual buttons

10-3750	1 ea 0	2.50	xx-light (0)
10-3751	1 ea 1	2.50	x-light (1)
10-3752	1 ea 2	2.50	light (2)
10-3753	1 ea 3	2.50	medium (3)
10-3754	1 ea 4	2.50	heavy (4)
10-3755	1 ea 5	2.50	x-heavy (5)
10-3756	1 ea 6	2.50	xx-heavy (6)
10-3757	1 ea 7	2.50	xxx-heavy (7)



matching button sets with box

10-3750-4	4 ea 0	15.00
10-3751-4	4 ea 1	15.00
10-3752-4	4 ea 2	15.00
10-3753-4	4 ea 3	15.00
10-3754-4	4 ea 4	15.00
10-3755-4	4 ea 5	15.00
10-3756-4	4 ea 6	15.00
10-3757-4	4 ea 7	15.00

progressive button sets with box

10-3758	20 piece set, 4 ea	1 2 3 4 5	55.00
10-3759	32 piece set, 4 ea	0 1 2 3 4 5 6 7	87.50

Multi® button sets and button boxes

- store buttons in box



32-piece button set with box (10-3759)

box only

10-3780	holds 4 buttons	7.50
10-3781	holds 20 buttons	10.00
10-3782	holds 32 buttons	12.50

BUILD YOUR SET