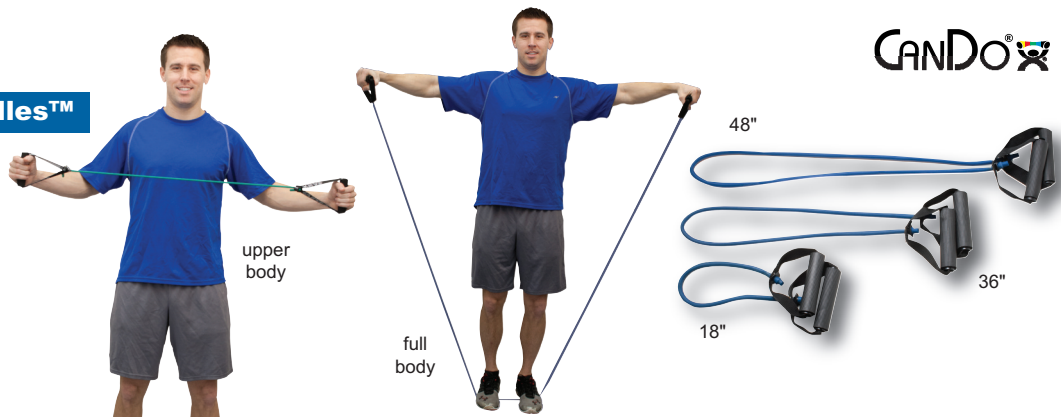


tubing exercisers



CanDo® Tubing-with-Handles™

- 3 sizes to accommodate upper, lower and full body workouts
- lightweight, compact and portable
- perform strengthening workouts anywhere
- two pre-attached durable foam-covered handles for comfort and firm grip
- **FULL BODY SETS** contain 18", 36" and 48" tubing for total body workout



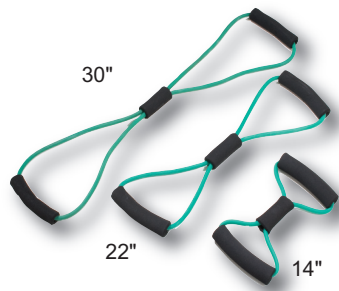
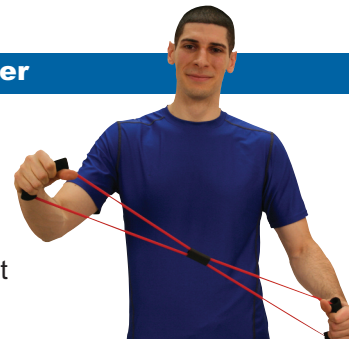
tan	xx-light
yellow	x-light
red	light
green	medium
blue	heavy
black	x-heavy
silver	xx-heavy

		each			set				
		18 inch*	36 inch*	48 inch*	full body set				
tan	xx-light	10-5540	10.50	10-5550	11.00	10-5560	11.50	10-5820	33.00
yellow	x-light	10-5541	11.00	10-5551	11.50	10-5561	12.00	10-5821	34.50
red	light	10-5542	11.50	10-5552	12.00	10-5562	12.50	10-5822	36.00
green	medium	10-5543	12.00	10-5553	12.50	10-5563	13.00	10-5823	37.50
blue	heavy	10-5544	12.50	10-5554	13.00	10-5564	13.50	10-5824	39.00
black	x-heavy	10-5545	13.00	10-5555	13.50	10-5565	14.00	10-5825	40.50
silver	xx-heavy	10-5546	13.50	10-5556	14.00	10-5566	14.50	10-5826	42.00
yel red grn blu blk	set (1 ea)	10-5549	55.00	10-5559	57.50	10-5569	60.00	10-5829	177.50

*length of tubing from end to end when unit is laid flat

CanDo® BowTie™ exerciser

- 3 sizes are all lightweight, compact and portable
- use for strength training, conditioning and rehabilitation
- durable foam-covered handles for comfort and firm grip
- **FULL BODY SETS** contain 14", 22" and 30" tubing for total body workout



tan	xx-light
yellow	x-light
red	light
green	medium
blue	heavy
black	x-heavy
silver	xx-heavy

		each			set				
		14 inch*	22 inch*	30 inch*	full body set				
tan	xx-light	10-5570	9.00	10-5580	9.50	10-5590	10.00	10-5830	28.50
yellow	x-light	10-5571	9.50	10-5581	10.00	10-5591	10.50	10-5831	30.00
red	light	10-5572	10.00	10-5582	10.50	10-5592	11.00	10-5832	31.50
green	medium	10-5573	10.50	10-5583	11.00	10-5593	11.50	10-5833	33.00
blue	heavy	10-5574	11.00	10-5584	11.50	10-5594	12.00	10-5834	34.50
black	x-heavy	10-5575	11.50	10-5585	12.00	10-5595	12.50	10-5835	36.00
silver	xx-heavy	10-5576	12.00	10-5586	12.50	10-5596	13.00	10-5836	37.50
yel red grn blu blk	set (1 ea)	10-5579	47.50	10-5589	50.00	10-5599	52.50	10-5839	155.00

*length of tubing from end to end when unit is laid flat

CanDo® tubing with cuffs exerciser

- use on arms or legs for strength training, conditioning and rehabilitation
- continuous tubing loop with two padded ankle/wrist cuffs
- exerciser has 36" circumference

tan	xx-light
yellow	x-light
red	light
green	medium
blue	heavy
black	x-heavy
silver	xx-heavy
gold	xxx-heavy

		18 inch*	
tan	xx-light	10-5760	16.50
yellow	x-light	10-5761	17.00
red	light	10-5762	17.50
green	medium	10-5763	18.00
blue	heavy	10-5764	18.50
black	x-heavy	10-5765	19.00
silver	xx-heavy	10-5766	19.50
gold	xxx-heavy	10-5767	20.00
yel red grn blu blk	set (1 ea)	10-5769	85.00

*length of tubing from end to end when unit is laid flat



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