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- Correct posture and stretch back muscles to relieve aches and pains
- Mimics the natural curve of the spine
- Sturdy, lightweight, portable design

10-7900 CanDo® Back Stretcher 30.00



- Elastic pockets allow the user to ease into a stretch
- · Permits dynamic stretching
- Designed for "facilitated stretching", an active form of stretching that uses isometric contractions to achieve greater flexibility gains than from static stretching

10-1385 dynamic strap (ea) 17.50 10-1385-25 dynamic strap (25 ea) 415.00



- Use to help stretch and maintain flexibility in the legs, feet and ankles
- Improve flexibility, range-of-motion and performance with continued use
- Gives support for controlled stretching
- Reduce the risk of injury when used before and after exercise

10-1178 leg stretcher 25.00



- 4 incline levels:
  5°, 15°, 25° and 35°
- Stretch calves and upper and lower back at the same time
- Made of composite plastic with 500 lb capacity
- Folds flat (3") to store easily
- Last slot on the board makes an excellent hand-hold for stretching
- Non-slip top is 14" x 14"

10-1179 incline board 50.00





## **FABRICATION ENTERPRISES INC**

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