# balance pads

exercise



- Airex<sup>®</sup> balance pads
- balance pads for vestibular training and exercises

each

30-2120Y

30-2120R

30-2120G

30-2120B

30-2120BLK

CanDo<sup>®</sup> low impact aerobic pad

designed to be the most effective and

functional pad for low impact aerobic

exercises and group classes

both top and bottom surfaces are

textured for non-slip, secure footing

pads measure 20" in diameter, extra thick

the difficulty level can be increased by stacking pads

30-1910 30-1910-20	2¼" thick (ea) 20 per case	75.00 1,425.00		
balance pad	l plus w/non-sli	p backing		
30-1915 30-1915-20	2¼" thick (ea) 20 per case	87.50 1,690.00		
XL balance pad 16" x 40"				
30-1908	21/4" thick (ea)	165.00		

30-1908	21⁄2" thick (ea)	165.00
30-1908-10	10 per case	1,610.00

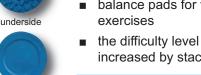
## Airex<sup>®</sup> balance beam

- 64" soft foam trapezoidal beams can be positioned wide-side down (91/2") for greater stability or narrowside down (41/2") for a greater vestibular challenge
- for core conditioning, rehabilitation, gait and balance



30-1913 balance beam (ea) 165.00 30-1913-10 case of 10 1,610.00





21/2" depth

colors do

not indicate resistance:

for personal

choice

yellow

red

green

blue

black

bala	nce pad 16" x 20"
30-1910 30-1910-20	2¼" thick (ea) 20 per case
balance page	d plus w/non-slip b

balance pau	plus w/non-shp	Dacki	
30-1915 30-1915-20	2¼" thick (ea) 20 per case	87. 1,690.	
XL bala	ance pad 16" x 4	0"	

30-1908	21⁄2" thick (ea)	165.00
30-1908-10	10 per case	1,610.00

topside

30-1908	21⁄2" thick (ea)	165.00
30-1908-10	10 per case	1,610.00

2015-2016

	foam			
30-2131 30-2131-2	green, firm green (2 ea)	35.00 67.50		
30-2130 30-2130-2	,			
inflatable				

30-2132	black, x-soft	
30-2132-2	black (2 ea)	1



against microbes and odors 16"L x 20"W x 2½"H

LATEX

provides

and energy

absorption

32-1500B pad (ea) 52.50 32-1500B-10 pad (10 ea) 497.50

## CanDo<sup>®</sup> progressive instability pads

- each 20" progressive molded foam balance pad has a different level of "give" and offers a different vestibular "challenge"
- yellow is the most stable (easiest), and black is the most unstable (most challenging) surface
- pads can also be used as corestrengthening vestibular seating cushions

		each		2 each	
yellow	x-easy	30-2161	50.00	30-2161-2	95.00
red	easy	30-2162	50.00	30-2162-2	95.00
green	moderate	30-2163	50.00	30-2163-2	95.00
blue	hard	30-2164	50.00	30-2164-2	95.00
black	x-hard	30-2165	50.00	30-2165-2	95.00
yel red g	rn blu blk set	30-2166	237.50	30-2166-2	450.00

### **Thera-Band® stability trainer**

- used to improve balance, postural stability, proprioception and coordination
- unsteady surface challenges body to maintain posture and balance
- softer pad provides more vestibular challenge

