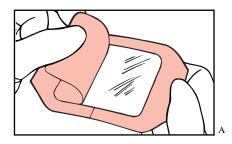
# 3M<sup>™</sup> Tegaderm<sup>™</sup> Transparent Dressings

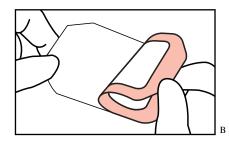
## **Dressing Application Instructions**

Read Warnings and Precautions before beginning.

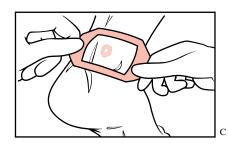


Prepare the wound according to institution protocol. Allow all cleansing solutions and skin protectants to dry completely.

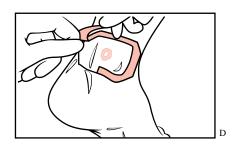
For Tegaderm dressings in the original frame style, remove and discard the center panel (*figure A*).



Peel the liner from the dressing, exposing the adhesive surface (*figure B*).



View the site through the film and center the dressing over the wound (figure C). **Do not stretch the dressing during application.** 



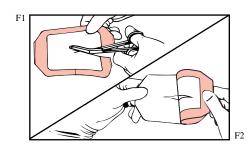
Slowly remove the frame while smoothing down the dressing edges (*figure D*). Then smooth the entire dressing from the center toward the edges using firm pressure to enhance adhesion.



For dressings supplied with a label, record information, then place it on or near the dressing ( $figure\ E$ ).

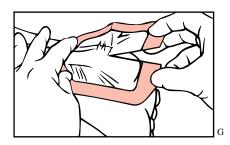
### Special Techniques for Difficult-to-Dress Areas

#### **Covering Joints or Bony Prominences**

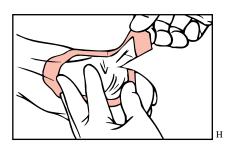


With sterile scissors, cut a slit on one side of the dressing (figure F1). The size of the slit may vary with the contour of the application area and the location of the wound.

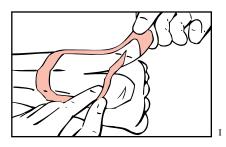
Carefully remove the center cut-out piece, if appropriate, and then the printed liner (*figure F2*).



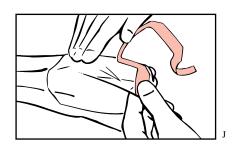
Place the unslit portion of the dressing on the least contoured area and smooth it down (*figure G*).



Shape one side of the slit portion to fit the contour, being careful not to stretch the dressing (*figure H*).



Smooth down the dressing and remove the frame from the portion that is on the skin (*figure I*).



Overlap the remaining half of the dressing on top of the first, avoiding wrinkles. The extent of the overlap will depend on the contour of the area being dressed (*figure J*).

Remove the remaining frame and firmly smooth the dressing from the center outward to enhance adhesion.

#### **Dressing the Sacral Area**



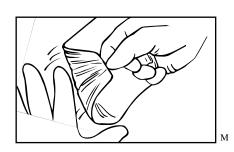


For the sacral area (where dressing performance is more challenging), or heels and elbows\* (where the contours make it difficult to dress), we offer a modified shape dressing. This special design (product number 9543HP) offers improved performance by molding better around body contours and minimizing edge roll once the dressing is in place.

- 1. Remove the liner.
- 2. Grasp the two end tabs and bend the dressing so the exposed adhesive side is out (*figure K*). Extend but do not stretch the skin away from the gluteal fold. Center the dressing over the wound with the notch toward the sacrum, and ease the dressing into place.
- 3. Press the dressing into the crease or fold, and smooth it from the crease area outward (*figure L*).
- 4. Slowly remove the frame while smoothing down the dressing edges.

\*Note: Follow the special techniques for difficult-to-dress areas (page 2) when dressing heels and elbows.

### **Dressing Removal Instructions**

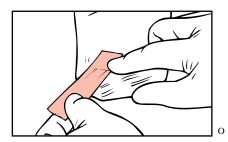


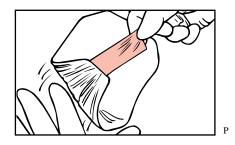
Support the skin while removing the dressing. Gently grasp one edge and slowly peel the dressing from the skin in the direction of hair growth (*figure M*). Avoid skin trauma by peeling the dressing back, rather than pulling it up from the skin (*figure N*).

A medical adhesive solvent can be used to facilitate dressing removal.

Remember to peel the dressing back, rather than pulling it up from the skin.







**HINT:** To aid in lifting a dressing edge, secure a piece of surgical tape to one corner and rub firmly. Use the tape as a tab to help slowly peel back the dressing (figures O, P).



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